

# Benefits Overview

White Knight Pest Control



# Welcome!

## We're here to make your life easier.

HealthEZ is an independent third-party administrator (TPA), which means we manage your employer's health benefits and process your medical claims. We work with your employer to design a custom benefits plan for your organization and we're ready to help you access the services you need. We've been providing our knowledgeable and service-oriented approach for over 40 years.



# Manage your health benefits without all the headaches

Download the free myHealthEZ app to view your benefits, manage and pay bills, locate care providers near you, and access your digital insurance card—right from your phone.

## Tap. Pay. Done.

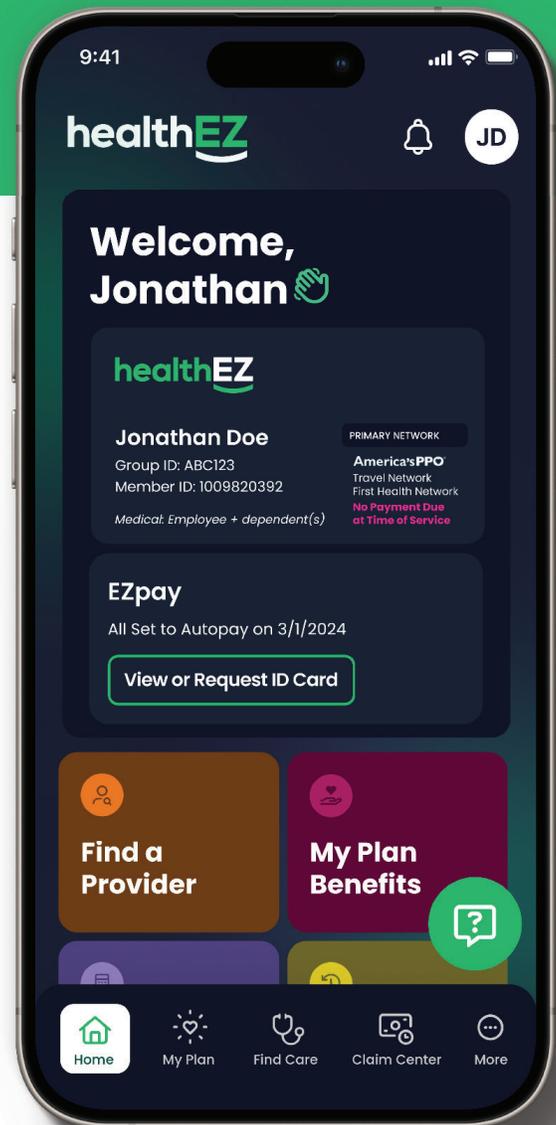
Pay bills, schedule automated payments, and view past statements in one simple, secure location.

## Find a provider

Search local healthcare professionals and filter results by location and specialty to find the right care provider for you and your family.

## EZchoice

EZchoice makes provider choice easy and medical costs transparent so you can be confident that you are not overspending on your medical care.



## Tap into your health benefits

Scan the QR code with your device's camera to download the myHealthEZ app and put the power of hassle-free health benefits management at your fingertips.







## Care Advocacy

Helping you when you need it the most.

If you require services like a surgery, hospital stay or you are diagnosed with a complex medical condition, **you may receive a call, text or email from someone on the HealthEZ care management team.**

### The advocate is there to help you:

- Understand your treatment options
- Coordinate services among your doctors
- Make sure you have everything you need for a quick recovery with the right care

## Boost Your Baby

Promoting healthy pregnancies and happy moms.

HealthEZ offers maternity support by providing education and resources to promote a healthy pregnancy through postpartum.

- Expectant mothers and fathers will have a dedicated one point of a contact throughout their pregnancy journey.
- Providing tips on how to stay happy and healthy during and post pregnancy
- Maternity support offered through pregnancy until 6 months postpartum



## You've got Teladoc virtual health!

All members have access to virtual health appointments with a licensed physician through Teladoc telemedicine services. This benefit can save you a trip to the clinic. There's no need for waiting rooms or travel or taking time off from work. Simply use your computer or smartphone to connect with your doctor.

Visit [Teladoc.com](https://www.teladoc.com) or call 1-800-Teladoc to contact a doctor.

Talk to a doctor anytime, anywhere.



### General consultations

General consultations are unlimited, and doctors are available every day and at all times (24/7/365). Doctors can consult, diagnose and prescribe medications for things like:

- Allergies
- Upper respiratory infections
- Earaches
- Pink eye
- Urinary tract infections

### Mental health services

With Teladoc's mental health services, you can talk to a therapist or psychiatrist from the privacy of your home or anywhere you feel comfortable. Simply pick a provider to speak to and choose a time that is convenient for you.

Teladoc therapists can treat:

- Anxiety
- Depression
- Stress/PTSD
- Panic disorder
- Family & marriage issues

### Dermatology care

If you're having problems with your skin, Teladoc Dermatology can help. Instead of waiting weeks to get an appointment at a dermatology clinic, you can get a diagnosis and treatment plan in as quick as two business days.

Teladoc's dermatologists treat a wide variety of skin conditions, including:

- Psoriasis
- Acne
- Moles
- Rosacea



## Chronic Conditions Management

Our Livongo programs offer a whole-person approach to chronic condition management. Livongo's digital health platform provides actionable, personalized and timely support that make it easier to stay healthy, including:

- Lifestyle behavior change tools
- Medication optimization
- Expert health coaching
- Provider coordination
- Cellular-connected devices
- Personalized plans for reaching health goals

The program is offered at no cost to you and all family members with coverage through your health plan.

Register at [be.livongo.com/HEALTHEZ/register](https://be.livongo.com/HEALTHEZ/register) or call [\(800\) 945-4355](tel:8009454355) with code: [HEALTHEZ](https://be.livongo.com/HEALTHEZ/register)

### LIVONGO FOR DIABETES



Connected blood glucose meter, unlimited testing strips, personalized insights, 24/7 expert support and custom alerts.

### LIVONGO FOR HYPERTENSION



Connected blood pressure monitor, personalized insights, shareable reports and access to expert health coaches.

### LIVONGO FOR WEIGHT MANAGEMENT AND DIABETES PREVENTION



Connected smart scale, automatic weight and steps tracking, food logging, CDC-approved lessons and access to expert health coaches.



## Medical ID cards

If you are new to the HealthEZ plan, keep an eye out for your medical ID card. Once you receive that, you can setup your myHealthEZ account.

If you need a replacement card, log into to your myHealthEZ account and request a new card be printed and mailed, or access a digital copy directly to your device!

Dependents over the age of 19 can create their own myHealthEZ account to manage their plan and request a replacement ID card or access their ID card directly to their own devices.



## Your medical network is Cigna.



### What is a medical network?

Your medical network is a group of healthcare providers. It includes doctors, hospitals, surgical centers and other facilities. These healthcare providers offer services at a lower rate than out-of-network providers, which you will see reflected on your statements as a discount.

### What if I go outside of my medical network?

There may be times when you decide to visit a doctor or clinic that is out-of-network. The costs for these visits and services are often higher than seeing doctors that are in-network. You will be responsible for paying the difference between the provider's full charge and the amount your health plan pays. This is called balance billing.

### How do I know if my provider is in-network?

Please visit your dedicated Benefits Website and click "Find Care."

## Your Pharmacy Benefit Manager is Prime Therapeutics.



### What is a Pharmacy Benefit Manager?

Pharmacy Benefit Managers (PBMs) reduce prescription drug costs and improve convenience and safety for consumers.

### What is Mail Order?

If you take maintenance medications for long-term conditions you could save money with Prime Therapeutics' mail service pharmacy. Visit your dedicated Benefits website to get started.

### What are Generic drugs?

Generics are the same in dosage, safety, strength, quality and intended use as brand-name drugs, and although they are chemically identical to their branded counterparts, they are sold at substantial discounts. Talk to your doctor to find out if there is a generic equivalent for your brand-name drug.

### Prime Therapeutics Member Portal

Access your prescription history, schedule a refill and more! Visit [PrimeTherapeutics.com](https://www.primetherapeutics.com) and select Member Portal. If it's your first time on the site, you will need to complete the one-time registration process.

## Your Specialty Medications are administered through Payer Matrix.



Your Prescription Plan has been enhanced to reduce your cost paid for specialty drugs through a program called the Specialty Cost Containment Solution. All plan participants using specialty drugs are required to meet prior authorization criteria and administrative review under the Payer Matrix program. You must enroll in the Payer Matrix program or you will be responsible for 100% co-insurance or the full cost of your medication

If you are currently taking a specialty medication, please contact a Payer Matrix Care Coordinator at (877) 305-6202 or email [customerservice@payermatrix.com](mailto:customerservice@payermatrix.com).

# Summary of Medical Benefits

## \$2,750 Copay Plan

Embedded Deductible Embedded Out-of-Pocket Maximum	In-Network	Out of Network
<b>Deductible</b>		
Individual Coverage	\$2,750	\$6,000
Family Coverage	\$5,500	\$12,000
<b>Out-of-Pocket Maximum</b>		
Individual Coverage	\$4,500	\$10,000
Family Coverage	\$9,000	\$20,000
Preventive Care Services	No Charge	Not Covered
Primary Office Visit	\$20 Copay	50%*
Specialist Office Visit	\$50 Copay	50%*
Chiropractic Visit	\$50 Copay	50%*
Urgent Care Services	\$75 Copay	50%*
Complex Imaging: MRI/CT/PET Scans	20%*	50%*
Inpatient Hospital Care Facility Fee Physician Fee	20%* 20%*	50%* 50%*
Outpatient Procedures Facility Fee Physician Fee	20%* 20%*	50%* 50%*
Emergency Room Services	\$250 Copay*	
Emergency Medical Transportation	20%*	
Mental Health/Chemical Dependency - Inpatient	20%*	50%*
Mental Health/Chemical Dependency - Office Visit	\$20 Copay	50%*
<b>Summary of Pharmacy Benefits</b>		
<b>Prescription Drug Coverage</b>	<b>Retail 30 Day Supply</b>	<b>Mail Order 90 Day Supply</b>
Generic	\$15 Copay	\$37.50 Copay
Preferred Brand	\$50 Copay	\$125 Copay
Non-Preferred Brand	\$75 Copay	\$187.50 Copay
Specialty	20%*	Not Available
<b>Teladoc Benefits</b>		
General Consultations	No Charge	
Dermatology	\$50 Copay	
Mental Health - Therapist	No Charge	
Mental Health - Psychiatrist, Initial Evaluation	No Charge	
Mental Health - Psychiatrist, Ongoing Session	No Charge	

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

\* Coinsurance or Copay after deductible

# Summary of Medical Benefits

## \$4,750 Copay Plan

Embedded Deductible Embedded Out-of-Pocket Maximum	In-Network	Out of Network
<b>Deductible</b>		
Individual Coverage	\$4,750	\$10,000
Family Coverage	\$9,500	\$20,000
<b>Out-of-Pocket Maximum</b>		
Individual Coverage	\$7,500	\$16,000
Family Coverage	\$15,000	\$32,000
Preventive Care Services	No Charge	Not Covered
Primary Office Visit	\$30 Copay	50%*
Specialist Office Visit	\$75 Copay	50%*
Chiropractic Visit	\$75 Copay	50%*
Urgent Care Services	\$30 Copay	50%*
Complex Imaging: MRI/CT/PET Scans	20%*	50%*
Inpatient Hospital Care Facility Fee Physician Fee	20%* 20%*	50%* 50%*
Outpatient Procedures Facility Fee Physician Fee	20%* 20%*	50%* 50%*
Emergency Room Services	\$300 Copay*	
Emergency Medical Transportation	20%*	
Mental Health/Chemical Dependency - Inpatient	20%*	50%*
Mental Health/Chemical Dependency - Office Visit	\$30 Copay	50%*
<b>Summary of Pharmacy Benefits</b>		
<b>Prescription Drug Coverage</b>	<b>Retail 30 Day Supply</b>	<b>Mail Order 90 Day Supply</b>
Generic	\$20 Copay	\$50 Copay
Preferred Brand	\$60 Copay	\$150 Copay
Non-Preferred Brand	\$85 Copay	\$212.50 Copay
Specialty	20%*	Not Available
<b>Teladoc Benefits</b>		
General Consultations	No Charge	
Dermatology	\$50 Copay	
Mental Health - Therapist	No Charge	
Mental Health - Psychiatrist, Initial Evaluation	No Charge	
Mental Health - Psychiatrist, Ongoing Session	No Charge	

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

\* Coinsurance or Copay after deductible

# Summary of Medical Benefits

## \$5,250 Copay Plan

Embedded Deductible Embedded Out-of-Pocket Maximum	In-Network	Out of Network
<b>Deductible</b>		
Individual Coverage	\$5,250	\$11,000
Family Coverage	\$10,500	\$22,000
<b>Out-of-Pocket Maximum</b>		
Individual Coverage	\$7,500	\$16,000
Family Coverage	\$15,000	\$32,000
Preventive Care Services	No Charge	Not Covered
Primary Office Visit	\$40 Copay	50%*
Specialist Office Visit	\$80 Copay	50%*
Chiropractic Visit	\$80 Copay	50%*
Urgent Care Services	\$50 Copay	50%*
Complex Imaging: MRI/CT/PET Scans	30%*	50%*
Inpatient Hospital Care Facility Fee Physician Fee	30%* 30%*	50%* 50%*
Outpatient Procedures Facility Fee Physician Fee	30%* 30%*	50%* 50%*
Emergency Room Services	30%*	
Emergency Medical Transportation	30%*	
Mental Health/Chemical Dependency - Inpatient	30%*	50%*
Mental Health/Chemical Dependency - Office Visit	\$40 Copay	50%*
<b>Summary of Pharmacy Benefits</b>		
<b>Prescription Drug Coverage</b>	<b>Retail 30 Day Supply</b>	<b>Mail Order 90 Day Supply</b>
Generic	\$20 Copay	\$50 Copay
Preferred Brand	30%*	30%*
Non-Preferred Brand	30%*	30%*
Specialty	0%*	Not Available
<b>Teladoc Benefits</b>		
General Consultations	No Charge	
Dermatology	\$50 Copay	
Mental Health - Therapist	No Charge	
Mental Health - Psychiatrist, Initial Evaluation	No Charge	
Mental Health - Psychiatrist, Ongoing Session	No Charge	

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

\* Coinsurance or Copay after deductible

